

## Procedures used by HCS to Reduce the Risk of SIDS

Until a child is at least one year of age:

- We always put infants to sleep on their back.
- We avoid any loose bedding. We allow only a fastenable swaddle blanket or a sleep sack.
- We closely monitor sleeping infants to make certain that they are not overheated.
- We use only firm, flat crib mattresses for infants.
- We make certain that the infant's head remains uncovered during sleep.
- Infants in our facility are supervised by a staff member at all times, even when the infants are sleeping.
- At least one staff member in our infant room is trained in infant CPR.

Please sign two copies of this statement in the space provided below. Return one copy to our facility and keep one copy for your own records.

We look forward to working with you to keep your infant safe, healthy, and happy.

Sincerely,  
The Staff of HCS

We, the parents of \_\_\_\_\_ (name of infant), have read this SIDS Risk Reduction statement and understand that our baby will be placed to sleep on his/her back while in care at Hampden Christian School, until at least one year of age.

\_\_\_\_\_  
(Parent Signature)

\_\_\_\_\_  
(Parent Signature)

\_\_\_\_\_  
(Date)